

Lee Holden: Qi Gong Broadcast Schedule

Qi Gong For Beginners™

<u>State</u>	<u>Market</u>	<u>Station</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>
IN	Indianapolis	WFYI	8/13/09	Thu	4:30 AM
		WFYIDT	8/13/09	Thu	4:30 AM
OH	Cleveland	WVIZ	8/11/09	Tue	4:00 AM
		WVIZDT	8/11/09	Tue	4:00 AM
WI	Green Bay / Appleton	WPNE	8/9/09	Sun	12:00 AM
		WPNETD	8/9/09	Sun	12:00 AM
	La Crosse / Eau Claire	WHLADT	8/9/09	Sun	12:00 AM
		WHWCDT	8/9/09	Sun	12:00 AM
	Madison	WHA	8/9/09	Sun	12:00 AM
		WHADT	8/9/09	Sun	12:00 AM
	Wausau / Rhinelander	WHRMDT	8/9/09	Sun	12:00 AM
		WLEFDT	8/9/09	Sun	12:00 AM

Qi Gong For Weight Loss™

<u>State</u>	<u>Market</u>	<u>Station</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>
CA	Sacramento / Stockton / Modesto	KVIE	8/8/09	Sat	12:00 AM
		KVIEDT	8/8/09	Sat	12:00 AM
		KVIE66	8/8/09	Sat	12:00 PM
		KVIEDT2	8/8/09	Sat	12:00 PM
		KVIE	8/9/09	Sun	7:00 AM
		KVIEDT	8/9/09	Sun	7:00 AM
		KVIE66	8/12/09	Wed	5:00 AM
FL	Gainesville	KVIEDT2	8/12/09	Wed	5:00 AM
		WUFT	8/8/09	Sat	7:00 AM
		WUFTHD	8/8/09	Sat	7:00 AM
		WUFT	8/16/09	Sun	7:00 AM
MA	Boston	WUFTHD	8/16/09	Sun	7:00 AM
		WGBH	8/9/09	Sun	5:00 AM
		WGBHDT	8/9/09	Sun	5:00 AM
		WGBHHD	8/9/09	Sun	5:00 AM
		WGBH	8/10/09	Mon	5:00 AM
		WGBHDT	8/10/09	Mon	5:00 AM
		WGBHHD	8/10/09	Mon	5:00 AM
		WGBH	8/13/09	Thu	5:00 AM
		WGBHDT	8/13/09	Thu	5:00 AM
		WGBHHD	8/13/09	Thu	5:00 AM
		WGBH	8/17/09	Mon	2:00 AM
		WGBHDT	8/17/09	Mon	2:00 AM
		WGBHHD	8/17/09	Mon	2:00 AM
		WGBH	8/18/09	Tue	5:00 AM
WGBHDT	8/18/09	Tue	5:00 AM		
WGBHHD	8/18/09	Tue	5:00 AM		

NM	Albuquerque / Santa Fe	KNME	8/10/09	Mon	5:00 AM
		KNMEHD	8/10/09	Mon	5:00 AM
		KNME	8/12/09	Wed	2:00 AM
		KNMEHD	8/12/09	Wed	2:00 AM
		KNME	8/14/09	Fri	5:00 AM
		KNMEHD	8/14/09	Fri	5:00 AM
		KNME	8/16/09	Sun	4:30 AM
KNMEHD	8/16/09	Sun	4:30 AM		
NV	Las Vegas	KLVX	8/9/09	Sun	5:00 AM
		KLVXDT	8/9/09	Sun	5:00 AM
TX	Corpus Christi	KEDT	8/10/09	Mon	5:30 AM
		KEDTDT	8/10/09	Mon	5:30 AM
		KEDT	8/17/09	Mon	5:30 AM
		KEDTDT	8/17/09	Mon	5:30 AM
UT	Salt Lake City	KBYU	8/12/09	Wed	12:00 AM
		KBYUDT	8/12/09	Wed	12:00 AM
		KBYU	8/15/09	Sat	12:00 PM
		KBYUDT	8/15/09	Sat	12:00 PM